



Knot Tying Challenge

Directions: Gather the following materials: rope or nylon cord, sticks or lengths of bamboo. Use the materials to create the following knots. Take a picture of the completed knots. Then, answer the questions and follow the directions on the rest of the page.



reef knot



fisherman's knot



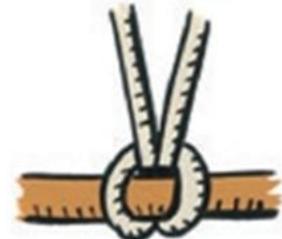
bowline



two half hitches



clove hitch

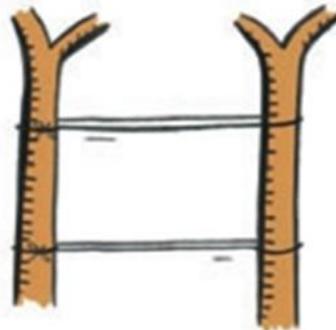


cow hitch

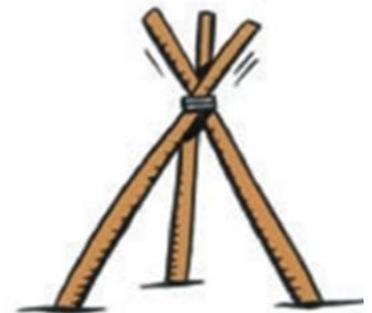
1. Tie the knots yourself.
 2. a. What knots would be best for attaching ropes to sticks?
b. What knots would be best for joining two pieces of rope together?
- Once they can tie knots, the campers make the following equipment:



swing



bridge



bivouac

3. Use the knots you have learned to make this equipment.
4. Make some other camp equipment using these knots.





**FIRE
PREVENTION
WEEK™**

LOOK. LISTEN. LEARN.

Fire Safety Checklist

LOOK for places fire could start

You don't have to be a super sleuth to protect yourself and others from fire. Take a good look around your home for fire dangers and address the problems.

Kitchen

- Anything that can catch fire is kept away from the stovetop.
- Children are kept 3 feet (1 metre) away from the stove and areas where hot food or drink are being prepared.
- Pets are kept off cooking surfaces and nearby countertops to prevent them from knocking things onto burners.
- Food that is simmering, baking, roasting, or boiling is being checked on by someone in the home.

Heaters

- Anything that can burn is kept at least 3 feet (1 metre) away from heating equipment.
- Children are kept 3 feet (1 metre) away from open fires and space heaters.
- Heating equipment and chimneys are cleaned and inspected every year by a qualified professional.
- Portable heaters are turned off when leaving the room or going to bed.
- The fireplace has a sturdy screen to stop sparks from flying around the room.

Electricity

- All electrical work is done by a qualified electrician.
- Only one heat-producing appliance is plugged into a receptacle outlet at a time. Extension cords are not used.
- Electrical cords are checked to make sure they are not running across doorways or under carpets.

LISTEN for the sound of the alarm

A working smoke alarm will clue you in that you need to escape. Fire moves fast. You could have only minutes to get out safely once the smoke alarm sounds.

- Make sure everyone in your home knows the sound of the smoke alarm and understands what to do when they hear it.
- Children, older adults, and people with disabilities may need assistance to wake up and get out.
- When the smoke alarm sounds, get out and stay out.
- Go to your outside meeting place. Call **9-1-1** or the fire department.
- Never go back inside for people, pets or things.

LEARN two ways out of every room

- Draw a map of each level of the home, showing all doors, windows and two ways out of every room.
- Make sure all doors and windows that lead outside open easily.
- Practice day and nighttime home fire drills. Share your home escape plans with guests.
- If you live in a high-rise or condo, talk to the building manager about the evacuation plans.
- If you must escape through smoke, get low and go under the smoke on your way out.
- If you cannot get out, close the doors and cover the vents and cracks around the door with cloth or tape. Call **9-1-1** or the fire department.



