



LIFE JACKET PROGRAM

• HOURS:

- Business Hours 9:00 A.M.-5:00 P.M.
- Saturday-Sunday*

· LOCATION:

 Station 31, Snohomish Regional Fire & Rescue 163 Village Ct Monroe, WA 98272

TYPES of PFDs:

 Both Type II and Type III life jackets are available, and there is an assortment of sizes ranging from Infant, Youth, and Adult. All of our life jackets are Coast Guard Certified.

• BORROWING PROCEDURE:

- 1. Visit Station 31.
- 2. Ring the doorbell if the door is shut.
- 3. Staff will weigh you and fit the life jacket.
- 4. Staff will record your name, phone number, and the day you plan to return the life jacket.
- 5. When returning the life jacket, ring the doorbell, and give the borrowed life jacket to a staff member.

Both firefighters and day staff are able to fit and sign-out life jackets!

*Please note that outside of the normal business week Firefighters will be the only ones at the station, so their availability may be call dependent.

FREE day-use life jackets are available at the following locations:

<u>Gissberg Twin Lakes</u>

16324 Twin Lakes Marysville, 98223

Flowing Lake County Park

17900 48th ST SE Snohomish, 98290

Lake Tye

14964 Fryelands Blvd Monroe, 98272

Snohomish Regional Fire & Rescue

163 Village Ct Monroe, 98272

Fire District 26

501 Lewis Street Gold Bar, 98251

For a full list visit: www.seattlechildrens.org/dp

Martha Lake County Park

16300 E. Shore Drive Lynnwood, 98037

Wyatt County Park

10508 Chapel Hill Road Lake Stevens, 98258

Fire District 28

512 Avenue A Index, 98256



SNOHOMISH REGIONAL FIRE & RESCUE

LIFE JACKET TIPS

HOW TO FIT A LIFE JACKET

1... READ THE LABEL



- Identify the size and verify it fits your weight class and chest size.
- Check and understand the warnings and intended uses, maintenance requirements, approval codes and manufacturer's information.
- Verify it is U.S. Coast Guard approved and marked with an approval number.

2... TRY IT ON



- Fasten buckles, straps, zippers, including the bottom strop if there is one. If they don't close, it's too small.
- Make adjustments. The life jacket should be snug but not too tight.
- For inflatables, read the owner's manual for the correct adjustment of straps. A looser fit may be preferred to allow space for the inflation chamber.
- Move around in it. Make sure it's comfortable enough to be worn constantly.

3... CHECK THE FIT



- Hold your arms straight up over your head, then have a friend or family member grasp the tops of the arm openings and slowly pull up. If it rides up over your chin, it's too big.
- Check to see if it works. Test it in shallow water under safe and supervised conditions. Do the same for family members, especially children

Learn More at: https://www.parks.wa.gov/981/WearItWA