

CLASSES & PROGRAMS

**SAFE
K:IDS**
SNOHOMISH
COUNTY

FREE Snohomish County resources to help keep your child safe.



CAR SEATS

Join us for a free online car seat safety class! You will learn how to safely use your car or booster seat from birth to the adult seat belt. Sign up at: southsnofire.org/carseats

Don't forget to sign up for a free car seat safety check with a certified Child Passenger Safety Technician. To find a location near you visit: cert.safekids.org/find-tech



BIKE HELMETS

A properly fitted helmet is the best way to prevent a head injury in a crash. Helmets should be worn for all wheeled activities including bike, scooter, skateboard and skates.

Need a bike helmet but cannot afford one? Contact us at CommunityRelations@SRFR.org or call 360-794-7666 and we may be able to help. Please note that supplies are limited.



CHILD SAFETY

Join us for a free online Child Safety & CPR class. Learn how to keep your child safe whether at home, at play or on the road. Please note, this is not a certification course, instruction only. Sign up at: www.southsnofire.org/classes.

We also have a limited supply of child safety devices such as child window locks to prevent window falls and cabinet locks to prevent poisoning. Contact outreach@southsnofire.org



LIFE JACKETS

Safe Kids Snohomish County partners with Snohomish County Parks and the Sheriff's Office to supply free day-use life jackets at participating locations throughout Snohomish County.

The cabinets are open and available for both kids and adults from Memorial Day weekend through Labor Day. For more information, visit: [Life-Jacket-Loaner-Program](https://www.safekids.org/Life-Jacket-Loaner-Program)

Please note, programs and services are subject to change.

Contact us at: www.southsnofire.org/safekids or 425-320-3800

For more tips visit: www.safekids.org

SAFETY TIPS

TO KEEP YOUR FAMILY SAFE ❤️

**SAFE
K:DS**
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CAR SEATS



- You must read and follow both the **car seat** and **vehicle owner's manual**.
- Install your car seat with either **lower anchors** or **seatbelt**.
- Keep kids **rear-facing** as long as possible, minimum age is 2. **Its the law!**
- Boosters until 4 foot 9 inches tall.

FIRE SAFETY



- Install **smoke alarms** inside & outside every sleeping area.
- Replace alarms when they reach 10 years.
- Practice your home fire **escape plan**
- Teach kids the sound a smoke alarm makes, **crawl low** under smoke, and go to an outside meeting place.

PEDESTRIAN SAFETY



- Children under 10 should cross the street with an adult.
- Teach kids to look **left, right & left** again before crossing the street. Always make eye contact with drivers.
- Use sidewalks and cross at corners, using traffic signals and **crosswalks**.

SAFE SLEEP



- Baby sleeps **alone**, in their own crib, but in the same room as you for the first year.
- Baby sleeps on their **back** for naps and bedtime.
- Baby sleeps in a **crib** free of blankets, bumpers, pillows, and toys.
- Never prop a bottle.

WATER SAFETY



- Designate an adult as a **Water Watcher**, someone who can watch children in the water without distractions.
- Always wear a **life jacket** for boating or when swimming in open water.
- Never swim alone, **learn CPR** and swim safety skills.

WHEELED SPORTS SAFETY



- Wear a helmet for **all** wheeled sports.
- Wear **bright** or **reflective** clothing to be seen by drivers.
- Ride with your children until they are ready to ride on their own.
- Be **predictable**, ride in a straight line and don't swerve between cars.
- Follow all traffic laws.